

Caroline Barry moves to Colorado Springs to train with former Olympic Coach

Caroline Barry (lightweight) has announced her intention to move to Colorado Springs, Colorado, to train with Basheer Abdullah, Head Coach of the 2004 U.S. Olympic men's boxing team. Ms. Barry is scheduled to make her move in January.

Ms. Barry moved to Nashville in January of 2005 to train with Coach Christy Halbert at Boxing Resource Center in Nashville, in a training regimen focused on international skills and strategies. While at BRC, Carrie earned national and international hardware. Below are some highlights of Carrie's two-year career at BRC:

- 2005 Southeastern LBC Champion
- 2005 Ahmet Comert Tournament (Atana, Turkey), Silver Medal
- 2005 National Police Activities League Championships, Gold Medal
- 2005 National Golden Gloves Championships, Gold Medal
- 2006 US Championships Championships, Gold Medal — Qualified for Team USA
- 2006 PanAmerican (Buenos Aires, Argentina), Silver Medal
- 2006 National Golden Gloves, Silver Medal
- 2006 National Police Activities League Championships, Silver Medal
- 2006 World Championships (New Delhi, India)

Since the fall of 2005, Carrie has worked for Sumner Regional Medical, as a Certified Athletic Trainer for Gallatin High School, in Gallatin, Tennessee, where she worked with athletes in many sports, including football.

Carrie began boxing in 2002 under the direction of Bob Kerr in Michigan. After college, she relocated to Kansas before moving to Nashville. Coach Halbert has worked with Carrie in international events as an official member of Team USA, in addition to local and national events as a representative of Boxing Resource Center.

Coach Halbert said, "Carrie wanted to focus on international-style boxing. I am pleased with the progress she made while at BRC. Carrie works hard at this sport. I expect we will here impressive things about her progress toward her goal of the 2012 Olympic Games. We all wish Carrie the best as she embarks on the next phase of her boxing career." Halbert and Barry will likely work together again as members of Team USA in future international events.

Ms. Barry's move to Colorado Springs is in effort to train with the 2004 U.S. Olympic Head Coach Basheer Abdullah. Carrie completed a week of intensive training with Mr. Abdullah prior to the official Team USA Camp and competition for the World Championships this November. Abdullah is in contention to coach Team USA in future Olympics.

As soon as 2009, the Executive Committee of the International Olympic Committee will make a decision about whether to add a women's boxing event to the 2012 Olympic Games. Look for Ms. Caroline Barry on the Team USA roster!

For more information on Olympic boxing or Team USA, visit USA Boxing, Inc.'s website at www.usaboxing.org.

